



CISM Team Completes Annual Training to Support Members in Need

The Critical Incident Stress Management (CISM) team recently completed its annual training in San Antonio, Texas, including onboarding two new members. This essential training ensures the team remains proficient in acute stress mitigation techniques, ready to assist NATCA members during difficult times.

"Having a fully-trained and proficient team is key for us to help our brothers and sisters in need," said CISM Chair Sarah Grampp. "We want to ensure we are providing the best service possible to those who have experienced something traumatic."

The CISM team provides confidential, peer-to-peer support to members dealing with stress from events such as aircraft incidents, grief, natural disasters, or personal struggles. This training reinforces NATCA's commitment to the well-being of its members.



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San Antonio | Nov. 2024

Pictured, left to right: Holly Cron (Houston Center, ZHU), Mike Tamez (Southern California TRACON, SCT), Tiffany McCallister (Fort Smith ATCT, FSM), Hysum Willis (Baltimore-Washington International ATCT, BWI), Mike Napolitano (Minneapolis Center, ZMP), Andrea Moore (Charlotte ATCT, CLT), Mike Taylor (Port Columbus ATCT, CMH), Matt Ellington (Chicago O'Hare ATCT, ORD, CISM Co-Chair), Greg Craven (Washington Center, ZDC), Sarah Simek (Grand Forks ATCT, GFK), Sam Navarro (Seattle ATCT, SEA), Wendy Smith (Albuquerque Center, ABQ), Jennie Dickinson (Boston ATCT, BOS), Sarah Grampp (Kansas City Center, ZKC, CISM Chair), Tom Morin (Instructor).

If you or someone you know needs support, contact the CISM team at 202-505-CISM or email CISM@natca.net.

Learn more [here](#).

Portland ATCT Leads Successful Toys for Tots Drive

This holiday season, NATCA members at Portland Air Traffic Control Tower (ATCT) had a significant effect on children across central and southern Maine through their annual Toys for Tots Toy Drop. The event was a tremendous success, collecting ten boxes of toys—exceeding last year's total.

The effort was a collaborative initiative involving multiple partners in the Portland area, including MAC Air Group, Northeast Air, South Portland Aroma Joe's, Portland Aircraft Rescue and Firefighting (ARFF), LifeFlight of Maine, NATCA members at Bangor ATCT (BGR), FedEx, and the Portland International Jetport.



PWM Toy Drop

December 14, 2024



LifeFlight of Maine flew in toys collected by the BGR members, strengthening the collaboration across Maine. FedEx and the Portland International Jetport also pitched in by collecting toys and donating swag for attendees.

Stay Connected: Update Your Details on MyNATCA Now

Are you keeping your contact information current on MyNATCA? It's crucial for all members of the National Air Traffic Controllers Association (NATCA) to regularly update their details on MyNATCA to ensure seamless communication.

MyNATCA is the go-to platform containing essential contact information for NATCA members, including mailing addresses, phone numbers, and email addresses. Keeping this information current is more important than ever, as NATCA relies on these details to send vital updates and information. Your preferred email address listed in MyNATCA is where you'll receive the latest news from NATCA National, as well as emails from your Local's listserve.

Update Your Address



Ensure you receive important mailings from your Union.

Update online at my.natca.org



Accessing and updating your MyNATCA profile is straightforward. You can either:

1. Visit <https://my.natca.org> and log in with your credentials.
2. Go through the NATCA website at <https://www.natca.org>. Click the “Members Home” link in the upper right corner, which will redirect you to a login page. Once logged in, hover over “My Account” in the top right-hand corner and select “Profile” to access and update your MyNATCA details.

Stay in the loop and ensure you're receiving all the latest updates by keeping your MyNATCA profile up to date. It's a simple step that keeps you connected and informed.

[Visit our Website](https://my.natca.org)



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